

## Effect of the Gurgem-7 Traditional Compound on CCL4-Induced Chronic Hepatitis

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### ABSTRACT

*It is necessary to investigate wide range, low side effect, and long-term usage plant origin remedy for hepatobiliary disease. The more perspective medication is polycomponent traditional drug [1]. Study was done on investigation of Gurgem-13 polyprescription [2,3] on experimental chronic hepatitis model by Gi-ppeum Lee, Won-IL Jeong (2005) induced by 10%-1.0 mg/kg – CCl4 three times per week on Wistar bread rats, and following studying of remedy curing results in 1, 2, 3 weeks of experiment. Gurgem-13 traditional prescription was compared with Carsil, and Lilicoaguliant - traditional remedy [4]. The result shown Gurgem-13 is more efficient on lowering AST, ALT enzymes in three months of chronic toxic hepatitis (p=0.15) similar with comparative drugs. More results tell us the Gurgem-13 has an antioxidant effect. Traditional compound Gurgem-13 relieving symptoms of cytolysis, liver function failure, and demonstrated antioxidant, hepatoprotective effect, meantime correcting cholestasis and metabolism of iron in the liver.*

### Keywords

Traditional medicine, Gurgem compound, Hepatitis, Experimental study, Lilicoaguliant remedy.

### Intorduction

Nowadays instead of using hepatoprotective drugs alone there are many prescriptions of traditional medicine that are mutually supportive based on taste, strength and composition. Although we have been studying each ingredient in the recipe separately, it is also a new approach to study recipe as a complex formulation and to serve with complex medicines with multi-ingredient [5].

The hepatoprotective effect of Gurgem-13 complex has not been studied on the inflamed hepatocellular model yet. Therefore, we selected to study pharmacology of this compound, which has been a traditional medicine to treat various diseases of digestive system including chronic liver inflammation, cirrhosis, structural changes and liver dysfunction.

### Aim of the study

To investigate pharmacological activity of Gurgem-13 traditional compound on chronic hepatitis induced experimental animal these

purposes are following:

- Identify the effect of Gurgem-13 compound on chronic hepatitis and cirrhosis induced experimental animal liver based on some biochemical and blood test results.
- Study the effect of Gurgem-13 compound on antioxidant systems and iron metabolism of the pathology model with chronic hepatitis and cirrhosis.

### Material and methods

To induce pathologic model with chronic hepatitis and cirrhosis, 90 species of Wistar rats were injected with 10% CCl4 at 1.0 mg / kg three times a week. On this experiment 1:10 ratio of Gurgem-13 compound preparation is used, and the effectiveness of the compound is tested within three months. A Carsil and a traditional Lilicoaguliant were chosen as comparing drugs.

### Results

According to the I.V.Berezovskaya classification (2003) the hepatotoxic characteristic of Gurgem-13 is relatively low LD50 = 7.08 (6.2–8.0) g/kg and the active dose (I.P.Zapadnyuk, 1983) can be 0.25-0.7 g/kg.

Period	Group	AST(mg/dL)	ALT (mg/dL)
First month	Normal	111.2 ± 10	98.8 ± 1.7
	Control+CCL4	269.3 ± 23.5**	219.8 ± 26.3**
	Gurgem 13+CCL4	198.7 ± 18.2*	129.7 ± 4.8*
	Carsil+ CCL4	235.3 ± 16.0**	213.9 ± 21.6
	LL+CCL4	205.0 ± 24.8*	154.5 ± 9.7**
Second month	Control+CCL4	290.3 ± 26.4**	209.3 ± 8.8**
	Gurgem 13+CCL4	222.5 ± 16.3*	117.2 ± 9.2*
	Carsil+ CCL4	191.1 ± 14.6**	117.2 ± 7.09**
	LL+CCL4	212.0 ± 8.8**	169.0 ± 5.8*
Third month	Control+CCL4	591.0 ± 36.6**	352.2 ± 9.1**
	Gurgem 13+CCL4	154.3 ± 13.3**	118.4 ± 8.2**
	Carsil+ CCL4	158.4 ± 7.2**	130.7 ± 3.9**
	LL+CCL4	132.3 ± 9.7**	144.3 ± 13.0**

**Table 1:** The effect of Gurgem-13 compound on hepatic cell breakdown in CCL4 induced chronic hepatitis and cirrhosis. Note: \*p=0.05, \*\*p=0.00.

In the first month, the AST level of the control group increased by 2.42 times, in the second month 2.61 times, in the third month 5.3 times, while ALT level increased by 2.2, 2.1 and 3.5 times in 1-3 months respectively (p = 0.00). It shows the intense breakdown of the hepatic cell and quick formation of the pathology model.

In Gurgem-13 group, AST and ALT enzyme level decreased by 26.2% and 41% in the first month, 23.4%, 44% in the second month, 74% and 66.4% in the third month, respectively. It indicated that their inhibiting effect on hepatic cell breakdown.

Period	Group	ALP (u/l)	LDH (u/l)	Total bilirubin umol/l
First month	Normal	200.5 ± 12.0	148.3 ± 15.3	8.5 ± 0.7
	Control+CCL4	260.3 ± 17.9*	456.6 ± 10.2**	17.01 ± 2.1
	Gurgem 13+CCL4	161.0 ± 15.8*	410.0 ± 15.1	12.0 ± 0.2*
	Carsil+ CCL4	207.8 ± 21.3*	354.5 ± 48.0*	13.6 ± 2.2
	LL+CCL4	223.0 ± 12.0*	238.0 ± 23.8**	8.9 ± 0.7*
Second month	Control+CCL4	322.1 ± 25.7*	343.0 ± 7.4**	14.5 ± 0.8
	Gurgem 13+CCL4	302.8 ± 23.5*	300.3 ± 13.5*	8.3 ± 0.8*
	Carsil+ CCL4	267.8 ± 19.5*	284.3 ± 14.7*	9.9 ± 0.7
Third month	LL+CCL4	269.8 ± 17.4*	316.4 ± 6.4	6.6 ± 0.5*
	Control+CCL4	807.3 ± 31.2**	314.3 ± 7.6*	10.1 ± 1.0
	Gurgem 13+CCL4	266.6 ± 18.8**	273.6 ± 13.2*	8.9 ± 0.9
	Carsil+ CCL4	238.1 ± 22.4**	213.0 ± 12.8*	7.3 ± 0.5*
	LL+CCL4	209.5 ± 16.4**	248.0 ± 9.6*	6.6 ± 0.6*

**Table 2:** The effect of Gurgem-13 compound on biliary obstruction in CCL4 induced chronic hepatitis and cirrhosis. Note: \*p=0.05, \*\*p=0.00.

To detect biliary obstruction in pathology model with chronic hepatitis and cirrhosis, alkaline phosphate enzyme level was measured. In control group, ALP level increased by 29%, 60.6%, and 4.0 times in 1st, 2nd and 3rd month respectively (p = 0.00). In contrast, ALP of Gurgem-13 group decreased by 38.2%, 6.2%, 67.1%, Carsil group by 20.2%, 17%, 70.5%, Lilicoagulant group

by 14.3%, 16.2%, 74.1% shows the effect of compounds on biliary obstruction reduction. (p=0.00)

Moreover, to investigate biliary obstruction in rats with CCL4 induced chronic hepatitis LDH enzyme activity is measured. In control group LDH level increased by 3.7, 2.3 and 2.1 times in 1st, 2nd, 3rd month (p = 0.00). Comparing control group with Gurgem-13 LDH level of study group decreased by 10.2%, 12.5%, 13%, Carsil by 22.3%, 17.1%, 32.2%, Lilicoagulant by 48%, 7.7% and 21.1% respectively. (p=0.05). In addition, Gurgem -13 has reducing effect on the bilirubin level by 29.4%, 43%, 12%, Carsil 20.5%, 32% and 27.7%, while Lilicoagulant 48%, 54.4% and 34.6% (p = 0.00).

Period	Group	Albumin (g/L)
First month	Normal	45.0 ± 1.7
	Control+CCL4	39.0 ± 3.8*
	Gurgem 13+CCL4	41.3 ± 1.9
	Carsil+ CCL4	38.2 ± 1.5*
	LL+CCL4	37.6 ± 3.4*
Second month	Control+CCL4	32.5 ± 2.1**
	Gurgem 13+CCL4	33.6 ± 2.07**
	Carsil+ CCL4	35.3 ± 2.05*
Third month	LL+CCL4	32.9 ± 3.1**
	Control+CCL4	30.2 ± 1.8**
	Gurgem 13+CCL4	41.0 ± 1.2
	Carsil+ CCL4	40.6 ± 4.9
	LL+CCL4	44.6 ± 2.8

**Table 3:** The effect of Gurgem-13 compound on cell deficiency in CCL4 induced chronic hepatitis and cirrhosis. Note: \*p=0.05, \*\*p=0.00.

Serum albumin of Gurgem-13 group increased by 5.8%, 32% and 27.2% in following three months respectively (p = 0.05). However, in Carsil and Lilicoagulant groups there were no statistically significant changes in the first two months, although in third month albumin level increased by 34.4%, 48% respectively.

Period	Group	Leukocyte (10 <sup>3</sup> /uL)
First month	Normal	6.0 ± 0.5
	Control+CCL4	9.4 ± 0.6
	Gurgem 13+CCL4	6.7 ± 0.9
	Carsil+ CCL4	9.7 ± 0.3
	LL+CCL4	10.02 ± 0.6
Second month	Control+CCL4	11.5 ± 0.9
	Gurgem 13+CCL4	7.7 ± 1.1*
	Carsil+ CCL4	6.8 ± 0.3*
	LL+CCL4	7.93 ± 0.9*
Third month	Control+CCL4	13.1 ± 0.8
	Gurgem 13+CCL4	7.2 ± 0.2**
	Carsil+ CCL4	6.86 ± 0.2**
	LL+CCL4	6.1 ± 0.4**

**Table 4:** The effect of Gurgem-13 compound on blood cell result in CCL4 induced chronic hepatitis and cirrhosis. Note: \*p=0.05, \*\*p=0.00.

Number of leukocytes is measured in the blood to determine the process of liver inflammation. The leukocyte count of the control group increased by 56.6%, 86.6% and 2.2 times in comparison with the normal group. In the first month, Gurgem-13 group count decreased by 28.7% and other groups had no statistically significant changes ( $p = 0.99$ ). Although, in the second month Gurgem-13 group leukocyte count decreased by 33.1%, Carsil group - 41%, Lilycoagulant - 31%, in the third month Gurgem-13 - 45%, Carsil - 48% and Liloicoagulant - 53.4% ( $p=0.00$ ).

Period	Group	Liver SOD (pg/ml)	Serum SOD (pg/ml)
First month	Normal	19.8 ± 2.5	8.4 ± 1.0
	Control +CCL4	12.8 ± 0.2*	7.0 ± 0.8
	Gurgem13+CCL4	12.3 ± 2.6*	8.6 ± 0.6*
	Carsil+ CCL4	21.2 ± 0.4*	8.5 ± 1.9*
	LL+ CCL4	14.4 ± 1.4	7.9 ± 0.5
Second month	Control+CCL4	12.9 ± 1.4	7.5 ± 0.6
	Gurgem13+CCL4	14.4 ± 0.2*	8.0 ± 1.0*
	Carsil+ CCL4	16.5 ± 0.1*	10.3 ± 0.6*
	LL+CCL4	13.8 ± 2.3	7.4 ± 0.3
Third month	Control+CCL4	10.6 ± 2.1	7.5 ± 1.0
	Gurgem13+CCL4	14.8 ± 0.2**	8.2 ± 0.6*
	Carsil+ CCL4	16.1 ± 0.9*	8.5 ± 0.2
	LL+CCL4	13.8 ± 0.2*	8.9 ± 0.8

**Table 5:** The effect of Gurgem-13 compound on superoxide dismutase. Note: \* $p=0.05$ , \*\* $p=0.00$ .

As shown in the table 5, in the case of hepatitis in the experimental animals, enzyme in the SOD enzyme decreased as statistically significant, and after using Gurgem-13 the superoxide dismutase (SOD) amount is increased by 4%, 12% and 40% in 1, 2 and 3 months, respectively ( $p = 0.05$ ). Also, we compared normal group to control group, Gurgem-13 increased by serum SOD 23%, 14.3% and 14.6% in 1, 2 and 3 months ( $p = 0.05$ ) and Carsil was 21.4%, 37.3% and 13.3%, in the first and third month uses of lilycoagulant reduced serum SOD by 13-18.6%, and in the second month there are no statistically significant differences.

Period	Group	Liver LPO (pg/ml)	Serum LPO (pg/ml)
First month	Normal	707 ± 16.5	573.6 ± 60
	Control+CCL4	1178 ± 15.5**	1872.8 ± 82.9**
	Gurgem-13+CCL4	1010 ± 78.8*	1240.7 ± 24.4
	Carsil+ CCL4	1072 ± 12.0	981.2 ± 12.2
	LL+ CCL4	1010 ± 77.8*	1311.4 ± 58.9
Second month	Control+CCL4	887.8 ± 67.0	980.5 ± 81.2*
	Gurgem-13+CCL4	780.7 ± 80.0*	920.0 ± 15.0*
	Carsil+ CCL4	876.7 ± 38.0	608.2 ± 14.1*
	LL+CCL4	731.0 ± 14.5*	535 ± 48.0**
Third month	Control+CCL4	1435 ± 35.8**	807.0 ± 24.8*
	Gurgem-13+CCL4	1017 ± 81.0*	710.5 ± 12.6*
	Carsil+ CCL4	716.0 ± 22.8**	760.3 ± 48.3*
	LL+CCL4	1123 ± 16.0*	614.0 ± 69.2*

**Table 6:** The effect of Gurgem-13 on LPO in CCL14 induced chronic hepatitis and cirrhosis. Note: \* $p=0.05$ , \*\* $p=0.00$ .

Comparing two groups of LPO level, control group's LPO has increased in the pathology model. Gurgem-13 reduced liver LPO by 14.3%, 13%, 29.1% in the first, second and third month, liloicoagulant group 14.3%, 18%, 22%, Carsil group by 50.1% in third month, but using Carsil in the first 2 months there are no statistically significant differences.

According to the results of the study, in control group comparing with normal group, serum LPO has increased 3 times in the first month, 71% in second, and 41% in third month ( $p = 0.00$ ), and it shows the oxidation reaction occurs strongly during in this pathology model. As a result, Gurgem-13 has reduced serum concentrations of LPO by 34%, 17.7% and 16%, Carsil and Lilycoagulants 26%, 38%, 6% and 30%, 25% 24% respectively ( $p = 0.05$ ).

The level of serum iron, liver and serum hepcidin, and the ferritin was used to determine how iron metabolism was change the chronic hepatitis induced experimental animal liver. As the result, liver and serum hepcidin levels were decreased in first three months.

Period	Group	Liver hepcidin (pg/ml)	Serum hepcidin (pg/ml)
First month	Normal	18.7 ± 0.5	15.3 ± 1.1
	Control +CCL4	16.7 ± 0.6	13.7 ± 1.7
	Gurgem-13+CCL4	20.9 ± 1.2*	14.8 ± 1.9
	Carsil+ CCL4	37.3 ± 2.3**	29.9 ± 2.5*
	LL+ CCL4	44.5 ± 2.8**	36.5 ± 4.5**
Second month	Normal +CCL4	15.1 ± 0.8	14.5 ± 0.3
	Gurgem -13+CCL4	20.0 ± 1.2	16.3 ± 1.2
	Carsil + CCL4	18.6 ± 0.5	15.8 ± 0.9
	LL+CCL4	18.5 ± 0.5	14.3 ± 0.4
Third month	Control +CCL4	12.3±3.0	14.7 ± 0.4
	Gurgem -13+CCL4	38.4 ± 2.5**	13.5 ± 0.9
	Carsil + CCL4	35.1 ± 0.2**	19.8 ± 0.7*
	LL+CCL4	50.7 ± 1.0**	13.4 ± 0.4

**Table 7:** The effect of Gurgem-13 on hepcidin in CCL14 induced chronic hepatitis. Note: \* $p=0.05$ , \*\* $p=0.00$ .

Liver hepcidin protein has increased 2.1 times in the first month, 34% in the second month, and 3.1 times in the third month, Carsil group 2.2 times, 23.2% and 2.8 times, in Lilycoagulant group 2.5 times in the first month and 22.5 in the second month, 4.1 times in third month ( $p = 0.05$ ). Serum hepcidin in the groups treated by Gurgem-13 and Carsil. Lilycoagulant, has increased by 8% and 2.2-4.1 times compared to the control group in first month, but was decreased by 12.4% only in Gurgem-13 group in second month and 35% in Carsil group in the third month ( $p=0.05$ ). Hepcidin levels decrease in hepatitis due to hepcidin synthesis and secretion by the liver is controlled by iron stores within inflammation of the liver.

Period	Groups	Liver ferritin (pg/ml)	Serum ferritin (pg/ml)	Serum iron (u/mmol)
First month	Normal	223.3 ± 14.0	53.1 ± 5.3	50.5 ± 4.6
	Control +CCL4	2220.0 ± 95.3**	127.9 ± 6.8**	66.5 ± 9.3
	Gurgem -13+CCL4	976.6 ± 54.4**	73.0 ± 2.5**	61.8 ± 4.9
	Carsil + CCL4	1903.5 ± 21.2*	58.6 ± 4.7**	67.6 ± 3.8
	LL+ CCL4	2164.0 ± 28.2	94.2 ± 7.8*	63.0 ± 2.8
Second month	Control+CCL4	426.8 ± 10.6*	98.6 ± 7.7*	66.6 ± 3.8
	Gurgem-13+CCL4	132.0 ± 9.8*	90.0 ± 4.3*	59.9 ± 1.2
	Carsil+ CCL4	115.8 ± 17.0**	86.6 ± 2.0*	53.4 ± 6.3
	LL+CCL4	112.7 ± 7.4**	60.4 ± 8.9*	62.0 ± 1.7
Third month	Control+CCL4	370.0 ± 18.0*	108.2 ± 9.2*	60.02 ± 3.4
	Gurgem-13+CCL4	257.2 ± 15.0*	86.6 ± 9.0*	54.2 ± 2.5
	Carsil+ CCL4	154.6 ± 21.0*	92.3 ± 8.7*	43.2 ± 5.4
	LL+CCL4	173.4 ± 17.0*	59.9 ± 3.1**	58.2 ± 1.6

**Table 8:** The effect of Gurgem-13 on iron metabolism in CCL4 induced chronic hepatitis. Note: \*p=0.05, \*\*p=0.00.

Serum ferritin level in Gurgem-13 treated group has decreased by 43%, 8.7%, 20%, Carsil-treated group 54.1%, 9.4%, 29%, Lilicoagulant-treated group 26.3%, 39%, 44.6%. Those result shows statistically significant (p=0.05).

Iron levels in serum of pathology induced experimental model in control group was increased than normal group, also those who used Gurgem 13 reduced this high iron level in 1-3 months respectively. In other words, iron level was decreased by 7.1%, 11.1% and 9.7% in three months compared to the control group. Comparison traditional remedy Carsil has reduced free-iron level by 20-28% in 2-3 months, while Lilicoagulant had no impact on iron level.

## Discussion

We selected CCL4-induced chronic hepatic model, and AST and ALT enzymes were dramatically increased during following three months. it shows that process of hepatocellular necrosis and breakdown were occurred intensively. In addition, while we measured albumin as liver's protein synthesis, decreased albumin level by 13,3 - 33% in the first three months showing that structural and functional abnormalities of liver were occurred. These results indicate that chronic hepatic model was successfully induced by CCL4 in experimental animals.

Serum hepcidin in the groups treated by Gurgem-13 and Carsil. Lilicoagulant, has increased by 8% and 2.2-4.1 times compared to the control group in the first month, but it decreased by 12.4% only in the Gurgem-13 group in the second month, and 35% in Carsil group in the third month (p=0.05). This result represents chronic hepatitis associated with liver synthesized hepcidin protein which is regulate iron metabolism in body is likely to decreased in chronic hepatitis than normal levels but hepcidin level was increased by regulation of Gurgem-13's hepatoprotective effect [6-10]. In order to determine how iron metabolism behaves inside

laboratory animals with artificially induced poisoning during chronic hepatitis, we compared their serum iron, liver tissue, serum hepcidin, ferritin level to a healthy group

View of result, liver tissue and the serum hepcidin protein's level in control groups tends to reduce during whole of experimental period. Ferritin which is stores iron in human body decreased in chronic hepatitis model, ferritin level was decreased by 56.01% in the Gurgem-13-treated group, 15% in the Carsil-treated group, weren't show statistically significant difference in the Lilicoagulant-treated group, at second month the Gurgem-13-treated group has decrease ferritin level by 69%, the Carsil-treated group has decrease it by 73%, the Lilicoagulant-treated group has decrease it by 73.6%, at third month those groups respectively decrease it by 30.5%, 58.2%, 53.1%.

In the study of D.Badamsuren (2009) et.al, the Gurgem reduced alkaline phosphatase, glutamine-pyruvate transaminase and lactat dehydrogenase enzyme levels during toxic hepatitis, also prevented cirrhosis, and shown anti-inflammatory effect on liver [11], it may be caused by to support regeneration of hepatic cells by reducing hepatic cytolysis. Lin YI, Huang YT (2007) et.al they found that Gurgem has been reducing hepatic cytolysis [6]. Carnation contains oleic and crategolic acid which has anti-inflammatory effect by boosting defensive ability of leucocytes and activating liver's detoxing glutation S-Transpherase enzyme. Ruta contains ether oil and lactone is mainly used to activate circulation of white blood cell, suppression of inflammation, and neutralize free radicals. Terminalia Chebula contains 20-40% of fiber compounds, main ingredient such as ellagic acid, galloyl, luteolin, tannic acid, sennosides A etc and resins, those mainly used for biological activity that lowers blood's glucose level, anti-viral and hepatoprotective effect [7], Gardenia jasminoides has pharmacologic activity of antioxidant [9], also prevents from CCL4 induced chronic cirrhosis. Pterocarpus marsupium contains catechin type of compounds which has anti-inflammation effect, protect mucosa layer of the gastrointestinal tract, strengthen blood vessels and stops bleeding

In conclusion, biological active components of Gurgem-13 reduce cytolysis and cholistatistic and regulate iron metabolism which shows hepatoprotective effect in CCL4 induced chronic hepatitis.

## Conclusion

- Laboratory rats with CCL4 induced chronic hepatitis during experimental 3 months period had shown drastically elevation on AST, ALT enzymes leading to enormous cytolysis, and reduction of 13.3-33% protein production and decreased liver synthesis.
- Gurgem-13 compound had effect on decreasing the cholestatis and toxic metabolic oxidate from fatty acid as regulating iron metabolism and liver synthesis by decreasing AST, ALT and hepcidin, (p≤0.05) level to normal range.

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