

Natural Anamorphosis Process

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"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete"

- R. Buckminster Fuller

Consequently, if we want new revolutions, we definitely need new ideas as well.

Salutogenesis is a medical approach focusing on factors that support human health and well-being, rather than on factors that cause disease (pathogenesis). More specifically, the "salutogenic model" is concerned with the relationship between health, stress, and coping.

NAP is an innocuous Salutogenic (health-stress-coping) neuro-based independent natural system with neutral behavior.

Its nature, reasoning and independent character are diametrically opposed to any systemic rehabilitation and treatment establishment; meaning a philosophically-mathematically-physically(according to the laws of physics) based centrifugal model that it is purely health- development oriented, consciously detached from the origins of impediment, the roots of disorder and the sources of malfunction. N.A.P's innocuous intention does not debase, interfere with, impede, bypass, ignore, change, adulterate or cancel by any means the purpose of a prescribed or approved therapy to remediate a specific illness, sickness, syndrome, pathology, trauma and injury. Its classical science's base, neutral and omnidirectional devoid of reactions behaviour, concentrates exclusively on the enhancement of every bio-available environment that its

equilibrium constant is unaffected or still within the limits of normal function, for the reason that any simple or complex action, which in its manner or its application intends to promote or sustain the normal functioning/eurythmia, is life's force.

Therefore, when therapy by definition aims to normalize a distorted biological condition, actually what it does is to try to bring biochemical regularity (normal functioning). Now if we see it from another perspective (Anamorphosis), by intensifying or enduring the normal bio-available functioning (eurythmia), essentially, we are in a therapeutic sphere of influence via a simple reverse process thinking mechanism. If one value is equal to another value, then the second value is also equal to the first value (mathematical symmetric property of equality). N.A.P is not an ego-system, but an eco-system. In essence, it is a way of thinking outside the box and beyond. A source of inspiration and reason for reconsideration. It's my professional way of expression; my naturopathic suggestion to attain eudemonia (human flourishing; contented state of being healthy and happy).

With the deepest respect to the human imperfect, Natural Anamorphosis Process (NAP) operates non-aggressively towards the cryptoalgorithm of any form of problem and the noisy, foggy, obfuscating dynamics of its potential complications. With the physio-logical tactic of its centrifugal approach, moves peripherally and in between (neutral behavior) the event horizons of the healthy bio-available and any pathology, disease, illness, syndrome, injury etc, which is basically the "abstract" area of the emerging stress before the true values-1, such as biophotons-light-energy-electricity-3D holographic & electromagnetic fields, inevitably become false values-0 (nihilism).

Abstract is something that exists in thought or as an idea but not having a physical or concrete existence. Stress is abstract. It is a complex oscillational circuit that creates an uncertain (foggy) wave patterning of complex reverberatory circuits of neuronal influence.

It is a mind state first that inevitably will be translated into a body state afterwards.

So in order to deal with stress effectively, you have to come with a comatable strong idea too. Recent studies have shown clearly that abstract reasoning activates logic.

Logic exists in thought or as an idea but not having a physical or concrete existence either. It is also an oscillational circuit that creates instead a certain (geometry) wave patterning of complex reverberatory circuits of neuronal influence (antithesis). It is a mind state first that inevitably thereupon will be translated into a body state.

Logic and stress are two dimetrically opposed variables. They form a strong polarity of influence according to the vectoring. If the direction is pointed towards logic, then we talk about coherence, cohesion, geometry, tensional integrity, biotensegrity, golden ration, eurythmia, order. If the orientation it is pointed towards stress, then we talk about chaos, disorder, disarhythmia, disease.

With the introduction and the usage of valuable and complex information (informational medicine) of undoubtedly rigorous sciences such as mathematics, physics, biology and philosophy, NAP as a regulator/buffer aims for the least action path (Hamiltonian physics) and with the controlled repetition (enrgams) of its intentional systems & agents, intends to maintain and enhance the physio-logical mechanisms of homeostasis and, by extension, through the parasympathetic system (vagus nerve-interoception) the stored energy levels of healthy bioavailability, since they form the absolute natural intrinsic self repair mechanism of smoothness and existence (Navier-Stokes equation).

Equation has 3 Dimensions, unsteady (depending on time), Pressure gradient terms and Viscous flow. Solving it directly might give you around 64 Constant coefficients and finding values of each of them will require 64 Boundary conditions. It's at least upto this point of Math, kind of an impossible task to do so.

As a result, my philosophical stand point and humble proposal is that if you want to solve a problem, do not engage directly with it. Do not enter its event horizon. There is a high risk that the problem will lead you to a vicious cycle, the mysterious crypto algorithms of its nature, and the unexpected developing phenomena of its obfuscating dynamics. The problem behaving as a black hole, exhibiting such strong gravitational effects that not even light (biophotons) can escape from it, absorbs matter from its surroundings. Levelling at its maximum everything sinks, powerless.

The lysis mechanism behind these nihilistic forces at work would possibly be a reverse action; a vectoring; the antithesis (simplicity vs the complexity of the problem) that will muddle its relation.

The problem is embedded archetype information within the infinite potentiality of the cosmos. It exists and simply waits in silence

the commencing kindling stimuli in order to surface. Imagine its unknown, aberrant behavior as a cluster of [000000000's] that differentiates in space along with the passage of time.

N.A.P as a natural informational medium, orbiting around its event horizon (centrifugal tactic), in every repetitive cycle (chronobiology) will try to keep information (charges-energy-light-biocommunication-electromagnetic & 3D holographic fields) from falling inside and actually feed a state that grows bigger and stronger in gravity from their evolutionary processes.

In mathematics, a Boolean or logical matrix is a matrix with entries in which the values of the variables are the truth values true (1) and false (0).

N.A.P's directive principle and teleological purpose is to bring into play the parameter logic. So imagine in this aberrant differentiation of zeroes the emergence of a 1 somewhere in-between (antithesis), [00000010000].

The presence of 1 has binary function (informational medicine):

- as a disruption, interruption, cut off for the problem's false patterning, and
- as a node, giving the outcome of its nodal property -which is dynamism- back to the initial system (simplicity) that created it and to which it belongs (simplicity).

Breaking it down, actually you give to the intrinsic self-repair mechanisms of the organism smaller parts of it to deal with (divide and conquer through logical forms of valid inference).

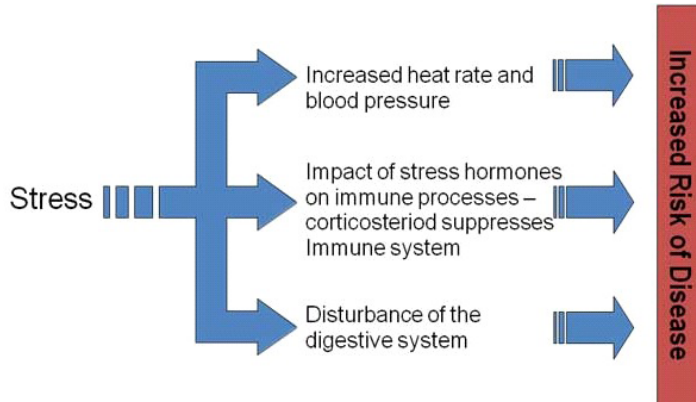
NAP operates under the analogy of the divided line, which has been presented by the Greek philosopher Plato. The lower two sections are said to represent the senses, while the higher two are said to represent the intelligible (mind).

The sensory system is divided into two sections: exteroception and intero-proprioception. The brain appears to be organised into two networks as well: the extrinsic network and the intrinsic network.

In biology, homeostasis is the state of steady internal physical and chemical conditions maintained by living systems. This dynamic state of equilibrium is the condition of optimal functioning for the organism and includes many variables being kept within certain pre-set limits (homeostatic range). Variables are controlled by one or more regulators or homeostatic mechanisms, which together maintain life. Homeostasis is brought about by a natural resistance to change when already in the optimal conditions, and equilibrium is maintained by many regulatory mechanisms. All homeostatic control mechanisms have at least three interdependent components for the variable being regulated: a receptor (eg. skin-mechanoreceptors), a control centre (eg. hypothalamus-locus coeruleous), and an effector (eg. immune system).

When we're stressed, immune system's ability to fight off antigens is reduced. That is why we are more susceptible to infections.


The stress hormone corticosteroid (cortisol) can suppress the effectiveness of the immune system (e.g. lowers the number of lymphocytes). Stress can also have an indirect effect on the immune system as a person may use unhealthy behavioural coping strategies to reduce their stress, such as drinking and/or smoking, poor diet due to lack of time, lack of exercise for the same reason, lack of sleep etc. Stress is linked to: headaches; infectious illness (e.g. ‘flu’); cardiovascular disease; diabetes, asthma, gastric ulcers and others.



HOW STRESS AFFECTS: YOUR IMMUNE SYSTEM

IMMUNE DEFENSES
Chronic stress shifts many resources to favor the flight or flight response, leaving your immune defenses weakened.

IMMUNE FUNCTION
Chronic stress can change the make-up of your entire immune system, altering its function altogether.



ILLNESS RISK
Since chronic stress weakens your immune defenses, your risk of catching an illness increases.

RECOVERY TIME
During chronic stress, the immune system lacks the resources to fight off infection, much less recover from an existing one.

INFECTIONS
Stress disrupts the body's equilibrium, which significantly impairs its ability to control and eradicate bacterial infections.

got stress?
we've got the solution.

Doctor Wilson's
Original Formulations

us (exteroception). However, it has recently become clear that we also utilize the same molecular tools to monitor the composition of the world within us (interoception). Many sensory receptors, including olfactory receptors (ORs), taste receptors, and other sensory G protein–coupled receptors (GPCRs), as well as receptors that function as mechanosensitive or chemosensitive ion channels, have recently been shown to play key roles in organs and tissues traditionally thought of as “nonsensory.” In the past few years, a large and diverse literature has developed documenting systems in which “sensory” receptors are exploited to serve in a wide variety of physiologic processes. The tongue's sour taste receptors, for example, are also called upon to sense pH in the spinal column, its bitter taste receptors also regulate bronchodilation and ciliary beat frequency in the lung in response to certain inhalants, and its sweet taste receptors regulate glucose transport in the gut. In addition to taste receptors, there are also numerous examples of ORs playing a variety of roles in tissues outside of the nose. The OR gene family, in fact, is the largest gene family in the genome, and thus forms an expansive repertoire of GPCR-based chemical detectors. In addition to odorant detection in the nose, ORs are now understood to also mediate chemical detection in other environments. For example, ORs play roles in muscle cell migration and sperm chemotaxis. Ligands for these receptors are often produced as a result of metabolic processes, implying that seemingly inert intermediate metabolites or by-products may have unappreciated signalling roles.

Germ layer, any of three primary cell layers, formed in the earliest stages of embryonic development, consisting of the endoderm (inner layer), the ectoderm (outer layer), and the mesoderm (middle layer). The germ layers represent some of the first lineage-specific (multipotent) stem cells (e.g., cells destined to contribute to specific types of tissue, such as muscle or blood) in embryonic development. Hence, each germ layer eventually gives rise to certain tissue types in the body. The ectoderm, forms certain “outer linings” of the body, including the epidermis (outermost skin layer) and hair. The ectoderm also is the precursor to mammary glands and the central and peripheral nervous systems. Cells derived from the mesoderm, which lies between the endoderm and the ectoderm, give rise to all other tissues of the body, including the dermis of the skin, the heart, the muscle system, the urogenital system, the bones, and the bone marrow (and therefore the blood). The mesoderm is the germ layer that distinguishes evolutionarily higher life-forms (i.e., those with bilateral symmetry) from lower life-forms (i.e., those with radial body symmetry). The mesoderm allows more highly evolved organisms to have an internal body cavity that houses and protects organs, bathing them in fluids and supporting them with connective tissue.

A mast cell is a migrant cell of connective tissue that is a part of the immune and neuroimmune systems. Mast cells in rodents are classically divided into two subtypes: connective tissue-type mast cells and mucosal mast cells. The activities of the latter are dependent on T-cells. Mast cells are present in most tissues characteristically surrounding blood vessels and nerves, and are especially prominent near the boundaries between the outside

NAP is a new or unusual in an interesting though way non-invasive system for nerve stimulation. Neuronal stimulation (e.g transdermal) or (eg. transensory such as neurogastronomy-gastrophysics) is an emerging field in modern medicine. As neuronal networks were evolutionarily selected to achieve physiological homeostasis, it is not surprising that neuromodulation emerged as one of the first strategies used in medicine to reestablish homeostasis during illness.

It has long been appreciated that we use sensory receptors to detect the chemical and physical properties of the world around

world and the internal milieu, such as the skin, mucosa of the lungs, and digestive tract, as well as the mouth, conjunctiva, and nose. Unlike other hematopoietic cells of the immune system, mast cells naturally occur in the human brain where they interact with the neuroimmune system. In the brain, mast cells are located in a number of structures that mediate visceral sensory (interoception) or neuroendocrine functions or that are located along the blood–cerebrospinal fluid barrier, including the pituitary stalk, pineal gland, thalamus, and hypothalamus, area postrema, choroid plexus, and in the dural layer of the meninges near meningeal nociceptors. Mast cells serve the same general functions in the body and central nervous system, such as effecting or regulating allergic responses, innate and adaptive immunity, autoimmunity, and inflammation. Across systems, mast cells serve as the main effector cell through which pathogens can affect the gut–brain axis.

Thus skin (epidermis-dermis with the inclusion of taste chemoreceptors & cilia mechanoreceptors of the olfaction cavity) as a sensory interface, from the beginning of creation has a strong connection, a quantum entanglement with a wide spectrum of systems & consequently as an omnipotent medium, can have a strong influence upon them if properly handled. Skin is a converter. It can alternate elastic energy to kinetic and vice versa like the aorta due to connective tissue's geometrical structure (matrix).

Every reverse processing is necessarily a quasi-static one (time dependant). Tonic in physiology refers to a physiological response which is slow. Truth is that the real path is the one being minimal in action. If we're lucky to find it, Hamilton's principle of least action just says we should be happy in this regard. An integrative theory of locus coeruleus (LC) neurons exhibit two models of activity,

phasic & tonic. When utility in a task wanes (slows down), LC neurons exhibit a tonic activity mode, associated with a search for alternative behaviors, such as exploration (mind/abstract state).

NAP in general is a type of coping response which aims to control & neutralize stressors.

"There is nothing in a caterpillar that tells you it's going to be a butterfly".

- R. Buckminster Fuller

NAP's logical algorithmic model of transdermal (sensory) neuronal stimulation:

Skin (senses) -> haptic quasi-static pressures (kinetic-elastic) -> mechanoreceptors -> free nerve endings -> tonic property -> connection to proprioception & recording of the slow stimuli -> reticular formation -> locus coeruleus -> hypothalamus-amygdala-hippocampus neuronal network connection -> relation to meditation (mind/abstract) -> gamma waves -> stress reduction, mood elevation, increased life expectancy of the mind.

As an epilogue, I will put forward from the valuable insights of mathematics and physics in the Navier-Stokes case three rhetorical and reasonable at the same time questions:

1. Existence - Given a specific situation, will our actions always provide a solution?
2. Uniqueness - Will the solution be the one and only one?
3. Smoothness - Will the solution describe that action path as true or real?